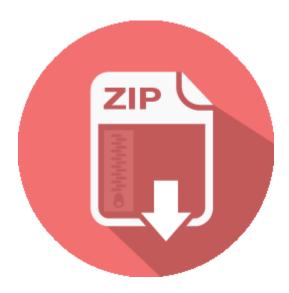
# STRAWBERRY BANANA SMOOTHIE RECIPE WITH ICE CREAM



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#### 3 Ways to Make a Strawberry Banana Smoothie wikiHow

If you want to make a banana and strawberry smoothie, start by slicing 1 cup of strawberries and 1 banana into 1 inch pieces. Add the fruit to a blender before pouring in 1 cup of milk, using skim milk if you d like a light smoothie and whole milk if you want it to be richer. Next, include 1/4 cup of sugar substitute or 1 tablespoon of honey. To finish, put 4-6 ice cubes in the blender

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#### strawberry banana smoothie Recipe SparkRecipes

add milk and banana in blender, blend well, add in strawberries, blend again, then add in ice cream if you wish and blend again. makes 2 medium size glasses.

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#### Best Strawberry Banana Smoothie Recipe Cooks com

Good smoothie, but to make great I added a couple scoops of vanilla ice cream and a dash of vanilla extract for a smooth delicous smoothie. May 13 Victor (Nevada) says:

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#### Strawberry Banana Milkshake Recipe Milkshake recipe

Strawberry banana milkshake recipe easy milkshake recipe without ice cream. During summer, I like to enjoy the milkshake or smoothies as a snack or breakfast once in a while but not everyday. So here I am with one of my favorite milkshakes Strawberry Banana Milkshake .

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#### Strawberry Banana Milkshake Recipe Foodviva

Strawberry Banana Milkshake prepared with this recipe is an ultimate summer cooler. Creamy shake of calcium and energy rich banana, milk and vitamin C rich strawberry is a celestial fresh fruit drink that can provide enough energy to keep you on your toes for few hours.

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